

HC Healthcare Independent Living

☐ Bus Trip

✓ Musical Entertainment

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Programs & Locations Are Subject to Change		Holidays!		Start Your Holiday Door 1 Decorating Today! 9:30 HC Morning Brew 10:00 HC Worship Service by Concord Baptist Church 11:00 HC Morning Stretch 2:00 Bingo, Bingo, BINGO! 3:30 Manicures 4:00 Holiday Favorites 6:00 Sunset Cinema	9:30 HC Morning Brew 10:30 HC Chairobics 11:00 HC Baking Day Detective 2:00 HC Gaming Together w/ Board Games 3:30 HC Decking the Halls 4:00 Lifestyle Freestyle	9:30 HC Morning Brew 10:30 HC Ball Toss 11:00 HC Colorful Creations 2:00 HC Bingo, Bingo, BINGO! 3:15 Afternoon Movie Matinee
9:30 Morning Round Up w/ Eventful News 10:30 Chairobics 11:00 Hymn Sing-A-Long 2:00 Chicken Soup for the Soul 3:30 TRIP Categories	9:30 HC Morning Brew 10:30 HC Song & Sound by Talia 10:45 IL Shipley's Singers Practice 11:30 HC Chairobics 2:00 HC Mini Doc: Earth Moods 3:30 HC Bowling Dice 4:00 Lifestyle Freestyle	Gingerbread Land Day! 9:30 HC Morning Brew 10:30 Scenic Tour 2:30 HC Tasteful Creations: A Chef Demo 3:30 Mid-Day Happy Hour 4:00 Monthly Gazette 6:30 HC Bingo Night!	9:30 Morning Round Up w/ Eventful News 10:30 Flower Arranging 11:00 Drum Fit! 2:00 Artistic Moments: Gingerbread Home Building 3:30 Remembering Pearl Harbor 4:00 December IQ 6:30 HC Wii Bowling	9:30 HC Morning Brew 10:30 HC Who am I? 11:00 HC Morning Stretch 2:00 Bingo, Bingo, BINGO! 3:30 Manicures 4:00 Frank Sinatra Hits! 6:00 Sunset Cinema	Holiday Door Decorating Contest 9 Judging Is TODAY! 9:30 HC Morning Brew 10:30 HC Pet Therapy 11:00 HC Name that Tune! 2:00 HC Bean Bag Toss 3:00 IL Holiday Door Decorating Competition! 4:00 Lifestyle Freestyle	9:30 HC Morning Brew 10:30 HC Balloon Volleyball 11:00 HC Jumbo Scattergories 2:00 HC Bingo, Bingo, BINGO! 3:15 Afternoon Movie Matinee
9:30 Morning Round Up w/ Eventful News 10:30 Chairobics 11:00 Hymn Sing-A-Long 2:00 Poetry Hour 3:30 Hangman or Woman!	9:30 HC Morning Brew 10:30 HC Song & Sound by Greg T.J 10:45 IL Shipley's Singers Practice 11:30 HC Chairobics 2:00 HC Mini Doc: Wild Nordic 3:00 HC Wii Bowling 4:00 Lifestyle Freestyle	9:30 HC Morning Brew 10:30 HC Piano Playing by Bob J 11:30 HC Chair Yoga 2:30 HC Tasteful Creations: A Chef Demo 3:30 Mid-Day Happy Hour 4:00 Name that Christmas Carol 6:30 HC Bingo Night!	9:30 Morning Round Up w/ Eventful News 10:30 Flower Arranging 11:00 Chairobics 2:00 HC Dance Party w/ DJ Chuck Sikora ♪ 3:30 Artistic Moments: Winter Resin Ornaments 4:00 Winter Poems 6:15 Christmas Lights Ride ₩	9:30 HC Morning Brew 10:30 HC Hangman or Woman! 11:00 HC Morning Stretch 2:00 Bingo, Bingo, BINGO! 3:30 Manicures 4:00 Music from the '40s 6:00 Sunset Cinema	National Chocolate Covered Anything Day! 9:30 HC Morning Brew 10:30 HC Chairobics 11:00 Resident Council 2:00 HC Front Porch Travelers 3:30 HC Travelogue Puzzle 4:00 Lifestyle Freestyle	9:30 HC Morning Brew 10:30 HC Ball Toss 11:00 HC Penny Ante 2:00 HC Bingo, Bingo, BINGO! 3:15 Afternoon Movie Matinee
Hanukkah Begins 9:30 Morning Round Up w/ Eventful News 10:30 Chairobics 11:00 Hymn Sing-A-Long 2:00 Spin the Dreidel 3:30 Card Games	9:30 HC Morning Brew 10:30 HC Song & Sound by Talia \(\) 11:30 HC Chairobics 2:00 IL Shipley's Singers Holiday Concert 3:30 HC Uno Attack! 4:00 Lifestyle Freestyle	9:30 HC Morning Brew 10:30 HC What am I? 11:00 HC Chair Yoga 2:00 Star of the Month! 4:00 IL Chopped! Chef vs. Chef 6:15 Christmas Lights Ride	Wear a Holiday Sweater Today! 21 9:30 Morning Round Up w/ Eventful News 10:30 Flower Arranging 11:00 Drum Fit! 2:00 Artistic Moments: Hanukkah Creations 3:30 Hanukkah Trivia 4:00 Name that Instrument 6:30 HC Wii Bowling	9:30 HC Morning Brew 11:00 Lunch Bunch! 11:00 HC Morning Stretch 2:00 Bingo, Bingo, BINGO! 3:30 Manicures 4:00 Perry Como Concert 6:00 Sunset Cinema	9:30 HC Morning Brew 10:30 HC Silver Sneakers Workout 11:00 HC Penny Ante 2:30 HC Winter Wonderland Celebration! 3:30 HC Phase 10! 4:00 Lifestyle Freestyle	9:30 HC Morning Brew 10:30 HC Balloon Volleyball 11:00 HC Word Mining 2:00 HC Bingo, Bingo, BINGO! 3:15 Afternoon Movie Matinee
9:30 HC Morning Brew 10:30 HC Mindful Stretch & Meditation 11:00 HC Christmas Caroling 2:00 HC Christmas Movie Matinee: Home Alone	Kwanzaa Begins 26 9:30 HC Morning Brew 10:30 HC Song & Sound by Greg T. \(\) 10:45 L Shipley's Singers Practice 11:30 HC Chairobics 2:00 HC Mini Doc: Russia's Wild Tiger 3:00 HC Wii Bowling 4:00 Lifestyle Freestyle	9:30 HC Morning Brew 10:30 HC Piano Playing by Bob J 11:30 HC Chair Yoga 2:30 HC Tasteful Creations: A Chef Demo 3:30 Mid-Day Happy Hour 4:00 You Be the Judge! 6:30 HC Bingo Night!	9:30 Morning Round Up w/ Eventful News 10:30 Flower Arranging 11:00 Chairobics 2:00 One Step at a Time - Art Class 3:30 Snow Day Detective 4:00 SPEND Categories 6:15 Christmas Lights Ride ■	9:30 HC Morning Brew 10:30 HC Kwanzaa Tales 11:00 HC Morning Stretch 2:00 Bingo, Bingo, BINGO! 3:30 Manicures 4:00 Presley Hits 6:00 Sunset Cinema	9:30 HC Morning Brew 10:30 HC Chairobics 11:00 HC Can You Picture This?! 2:00 HC December Jeopardy Challenge! 3:30 HC Pictionary 4:00 Lifestyle Freestyle	New Year's Eve 9:30 HC Morning Brew 10:30 HC Ball Toss 11:00 HC Yahtzee! 2:00 HC New Year's Bingo Bash! 3:15 Afternoon Movie Matinee